

Creative Presentation

A photograph of a man with dark skin and curly hair, wearing a light blue button-down shirt and blue jeans. He is sitting with his back to the camera, looking upwards and to the side with a thoughtful expression. The background is a solid dark color.

POUR  
TOU

The word "POUR" is positioned above the word "TOU", with a thin white rectangular line connecting the two. The letters are large, bold, and light beige. The "O" in "POUR" and the "T" in "TOU" are outlined in white, matching the connecting line.

Léo Saint Thomas

[www.leosaintthomas.com](http://www.leosaintthomas.com)

# WHAT'S IN HERE?

Welcome to my artistic world. This portfolio is an invitation to share my journey, my creations, and the experiences that shape me. I hope you'll find in it a reflection of my passion and genuine dedication.

Who Am I ?

Presentation

Training

Other Talents

Experience

Projects

My Movies

Theatre



# PRESENTATION

Born in 2001, I discovered theatre at a young age and have been driven by storytelling ever since.

Trained in France, Switzerland, and internationally, I work across acting and screenwriting, exploring stories through language, performance, and human connection.

Curiosity, sincerity, and joy guide my artistic path

## Creative Presentation



I am grateful to dedicate each day to what brings me alive: telling stories. My path has grown between theatre stages, film sets, and classrooms, guided by a desire to embody, understand, and share. Shaped by languages, cultures, and varied influences, my vision of cinema and acting continues to evolve. If I had to sum up my drive in one word, it would be gratitude.

# EDUCATION



**2025**

**Bachelor Degree in Performing Arts - University Grenoble Alpes**

Pass with MeritHigh-Level Artist Status  
2022–2025

**2021**

**Professional Actor's Diploma  
École des 3M, Bordeaux**

Two-year full-time professional training in on-camera acting, mime, and clown techniques

**2019**

**Acting Stage 3  
Simply Theater Academy**

**LAMDA international exams:** Grade 1 (2013) to Grade 6 & Bronze Medal (2018)

# OTHER TALENTS

## Artistic versatility

- I play several instruments, including ukulele, guitar, and keyboard, and have received vocal training. Music and improvisation, from pop to freestyle rap, are central to my creative expression.
- I practice skateboarding, surfing, skimboarding, and basketball, disciplines that have taught me balance, teamwork, and resilience. Qigong, yoga, and meditation are part of my daily practice, supporting focus, discipline, and presence.
- These practices inform both my acting and my screenwriting, enriching my work with physical awareness, emotional range, and sincerity.



# EXPERIENCE

## 111 (Post-production)

Role : Brian (Supporting)

Director : Mauro Mueller

Production : Auguste Content Prod. Production : Travancore Prod.

## FOLLOW US #ICARUS

Role : Andreas (Lead)

Director : Caroline Wloka

Production : Cine Royal Prod.

## EMMA LÜGT

Role : Kiran (Supporting)

Director : Bettina Oberli

Production : SRF SSR SRG

## THE SECOND COMING (Post-prod.)

Role : Lead

Director : Micha Straub

Production : Travancore Prod.

## L'ACCORD DE TROP

Role : Gabby (Lead)

Director : Mahery Reydellet

Production : Ynov

## HARCELÉS

Role : Chris (Supporting)

Director : Olivier Barma

Production : GMT Prod. M6



# PROJECTS

I graduated from Gritnova in August 2025 with an international diploma in screenwriting and develop my own film projects as a writer and director. My short films include *Sous les ailes de l'invisible* (2024), *Detention Room 13*, *Inevitable*, selected for the Gritnova Film Festival 2025, and *Green Frequency*, which was pitched at Warner Bros in 2025. I am currently developing *Christelle*, scheduled for 2026.

Alongside filmmaking, I am a member of the collective Théatromanie, touring with *Le Poids d'un corps* since 2024.



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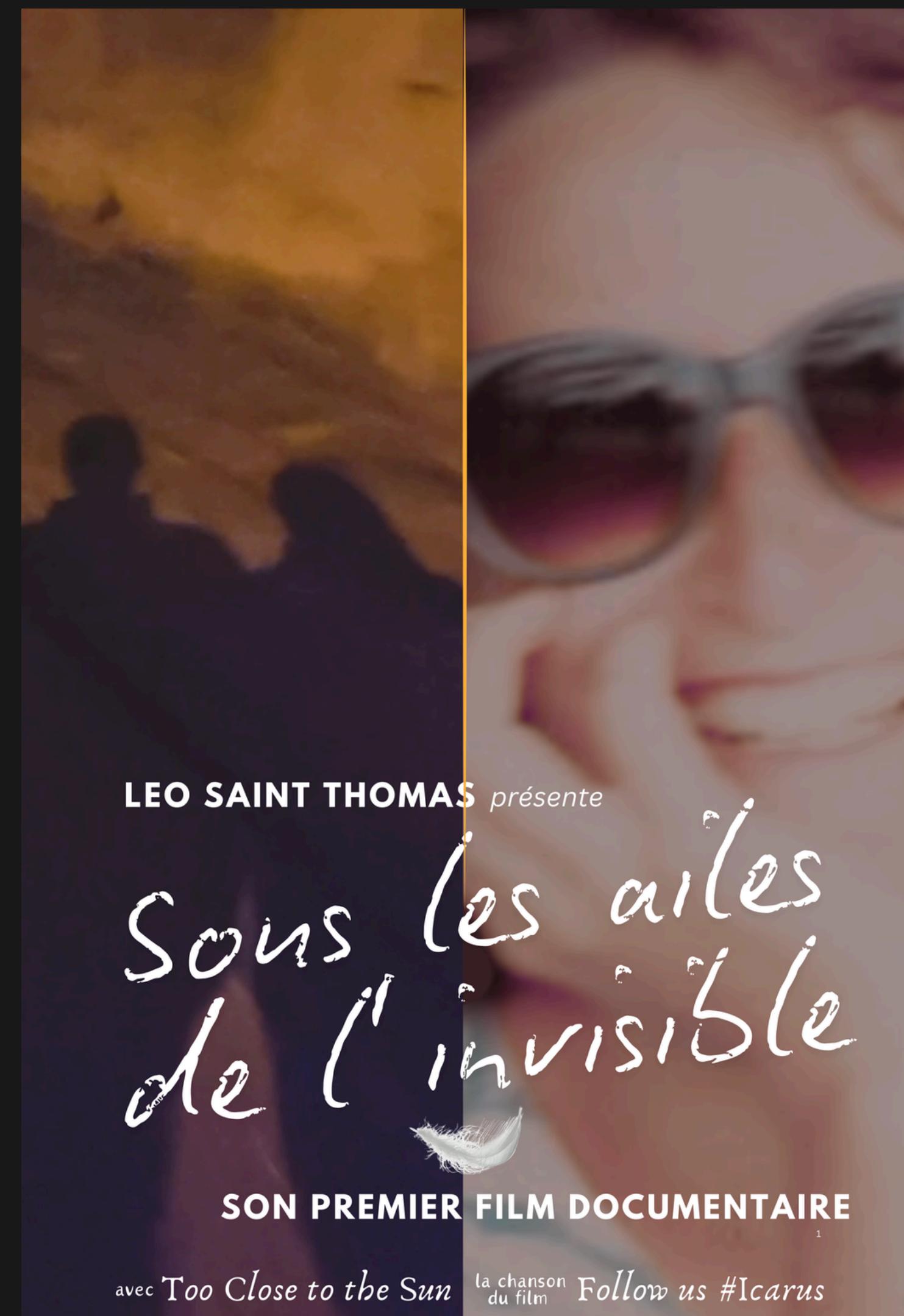
# SHORTS FILMS

Sous les Ailes de l'Invisible: short film written and directed  
A poetic short film about the magical encounter between a  
woman and an angel. This encounter disrupts her reality.

Lapin Blanc: short film, written, directed and performed  
An ode to the memory of a dear friend.

Forever Fifteen, mood video, conceived and directed  
A musical tribute to a young student who passed away  
tragically.

Inevitable: short film, written and directed  
A surreal short film about what we carry and what we leave  
behind.



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# LE POIDS D'UN CORPS

on tour 2024-2026

Le Poids d'un corps tells the story of Saskia and Tao, former lovers who meet again. Together, they revisit a past marked by an interrupted pregnancy. The play explores with tenderness and honesty the solitude, the memory of an intimate choice, and the invisible weight left by the silences of the past.

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THANK YOU

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